

MnCAT Step 1 Foundation Resource List

Alternative Care

Resource ID	Resource
AC 1	The Alternative Care Program Eligibility Worksheet is a tool used to determine financial eligibility. There are two versions: unmarried, married couples and Worksheet for person married with community spouse depending on the "type" of person who is applying.
AC 2	An estate claim is a method of recovering payments from the estate of a deceased recipient.
AC 3	A person age 65 and older may be eligible for Alternative Care
AC 4	Minnesota Health Care Programs Asset Assessment for Payment of Long-Term Care (LTC) Services – DHS-3340 .
AC 5	The Alternative Care Program is state-funded and offers a variety of community-based services and supports. The intent of the program is to divert older adults from Medical Assistance and nursing home or assisted living entry.

Diagnoses and Conditions

Resource ID	Resource
DC 1	The Community-Based Services Manual (CBSM) formerly the Disability Services Program Manual (DSPM) includes a definition of brain injury in the glossary of terms and acronyms .
DC 2	People who are deaf or hard of hearing use many methods to communicate .
DC 3	Deaf and Hard of Hearing Services provide information, resources and empowerment opportunities to assist Minnesotans who are deaf, deafblind and hard of hearing and their families.
DC 4	Most mental health services covered by Minnesota Health Care Programs have recipient eligibility requirements.
DC 5	Private Duty Nursing (PDN) provides services for recipients with a variety of needs.

Funding and Payers

Resource ID	Resource
FP 1	Medical Assistance is a program that provides medical care for low-income people.
FP 2	The DHS public web site offers information and resources for individuals who are deaf and hard of hearing.
FP 3	Geriatrics and Extended Care provides services for Veterans who are chronically ill, disabled, elderly or unable to live alone.
FP 4	The Minnesota Long Term Care Partnership is a public/private arrangement between long-term care insurers and Minnesota's Medical Assistance program.
FP 5	Medical Assistance for Employed Persons with Disabilities (MA-EPD) helps assure continued access to Medical Assistance for working people with disabilities.
FP 6	Different parts of Medicare help cover specific services.
FP 7	The Minnesota Senior Health Options (MSHO) is a health care program that combines separate health programs and support systems into one health care package.
FP 8	The Social Security Administration is the federal agency that administers Social Security and Supplemental Security Programs.
FP 9	The Minnesota Department of Human Services (DHS) ensures basic health care coverage for low-income Minnesotans through publicly subsidized Minnesota Health Care Programs (MHCP) .
FP 10	Medical Assistance under the TEFRA Option is for children with disabilities.
FP 11	Veterans and their families are eligible for a variety of resources.
FP 12	Medicare is a federal program that provides health insurance coverage to people age 65 and over or who meet other special criteria.
FP 13	The DHS public web site has lots of information about Minnesota Health Care Programs.

Informal Supports and Caregivers

Resource ID	Resource
IS 1	The Minnesota Board on Aging provides supports for caregivers.
IS 2	In 2012, the Minnesota Department of Human Services (DHS) developed the Supporting the Needs of Family Caregivers in-service training.
IS 3	A 2007 study by the U.S. Dept. of Health and Human Services Assistant Secretary for Planning and Evaluation from the Office of Disability, Aging and Long-Term Care Policy provides important insights on caregiver stress .
IS 4	In 2008, the Minnesota Department of Health (MDH) added a standardized and approved caregiving module to its Behavioral Risk Factor Surveillance Survey .
IS 5	The State of Minnesota honors, recognizes and supports the many family caregivers in Minnesota communities.
IS 6	The Family Caregiver Alliance at the National Center on Caregiving has lots of great information and resources.
IS 7	The Minnesota Board on Aging provides supports for caregivers. The Community-Based Services Manual (CBSM) formerly Disability Services Program Manual (DSPM) provides a description of all covered services in the Elderly Waiver (EW) and Alternative Care (AC).

Level of Care and Case Mix

Resource ID	Resource
LC 1	Level of care is described in the Community-Based Services Manual (CBSM) formerly the Disability Services Program Manual (DSPM)
LC 2	An Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD) is a residential facility licensed as a health care institution and certified by DHS.
LC 3	The Community-Based Services Manual (CBSM) formerly the Disability Services Program Manual (DSPM) describes Level of care .
LC 4	An Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD) is a residential facility licensed as a health care institution and certified by DHS.

Other Continuing Care Administration Programs

Resource ID	Resource
PR 1	The Consumer Support Grant (CSG) program is a state-funded alternative to Medicaid.
PR 2	The Family Support Grant (FSG) program helps families access disability services and supports.
PR 3	Family Support Grant (FSG) Fact Sheet
PR 4	Family Support Grant (FSG) Guidebook for County Administrators (DHS-3857)
PR 5	Information about Semi-Independent Living Services (SILS) is found in the Community-Based Services Manual (CBSM) formerly Disability Services Program Manual (DSPM).

State Plan Services

Resource ID	Resource
SP 1	Home Health Aides (HHA) can be a key member of a home care team.
SP 2	Private Duty Nursing (PDN) provides services for recipients with a variety of needs.
SP 3	The Continuing Care Administration uses the terms case management and service or care coordination interchangeably.
SP 4	People receive Skilled Nurse Visit (SNV) services in the person's place of residence on an intermittent basis.
SP 5	Individuals receive Home care therapies in the home to improve or maintain a person's function.
SP 6	Personal Care Assistance (PCA) services help people with day-to-day activities in their home and community.
SP 7	A person employed as a personal care assistant (PCA) must meet certain requirements.
SP 8	The PCA Assessment and Service Plan Instructions and Guidelines provide guidance about assessing for services.
SP 9	A qualified professional (QP) provides training, supervision and evaluation of personal care assistance services and staff.
SP 10	Providers may only bill for tasks that are covered personal care assistance services .

Waivers

Resource ID	Resource
WA 1	Medical Assistance is a Minnesota Health Care Program that helps pay for all or part of a person's medical expenses including long-term services and supports in both nursing homes and the community.
WA 2	There is a conversion rate process for Elderly Waiver (EW) clients leaving nursing facilities.
WA 3	Minnesota offers an array of home and community-based services through the Elderly Waiver (EW), including customized living and 24 hour customized living services .
WA 4	Elderly Waiver Program Basics Video Conference handout , by Libby Rosset-Brown, 04-15-10
WA 5	Minnesota Statute §256B.0915 provides enabling authority for the services provided in the Elderly Waiver.
WA 6	DHS Bulletin #10-25-03 describes the comprehensive policy on 24 hour customized living .
WA 7	Medicaid managed care for seniors.
WA 8	Certain billing requirements must be followed for Elderly Waiver (EW) and Alternative Care (AC)
WA 9	The Minnesota Health Care Programs Provider Manual provides useful information about services covered by EW and AC.
WA 10	The Developmental Disability (DD) Waiver is an alternative to institutionalization for a person who meets the waiver eligibility criteria and who requires the level of care provided in an Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD).
WA 11	An Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD) is a residential facility licensed as a health care institution and certified by DHS.
WA 12	Collectively, there are over 70 services available to individuals eligible for waivers or Alternative Care each with specific credential requirements .

Resource ID	Resource
WA 13	The Community-Based Services Manual (CBSM) formerly Disability Services Program Manual (DSPM) is a great place to get information about the Community Alternative Care (CAC) Waiver .
WA 14	The Community-Based Services Manual (CBSM) formerly Disability Services Program Manual (DSPM) has basic information about the Community Alternatives for Disabled Individuals (CADI) Waiver .
WA 15	The Traumatic Brain Injury Waiver is now the Brain Injury (BI) Waiver .

Miscellaneous

Resource ID	Resource
MS 1	Disability Benefits 101 is an on-line tool that gives information on health coverage, benefits, and employment so people can plan ahead and learn how work and benefits go together.
MS 2	The Guideposts for Success publication describes a framework for success to provide a coordinated transition system focusing on successful outcomes for all youth.
MS 3	Workforce Centers help job seekers find employments, help businesses find workers, and help anyone at any stage explore and plan careers.
MS 4	Child Protection is a program mandated under the Reporting of Maltreatment of Minors Act.
MS 5	Federal and state law gives people the right to a fair hearing through the appeal process .
MS 6	The Notice of Action DHS-2828 is the form sent to individuals who are having home and community-based waiver or Alternative Care services denied, terminated or reduced.
MS 7	It is the public policy of this state to protect vulnerable adults .
MS 8	Mandated reporters are required to report suspected maltreatment of vulnerable adults.
MS 9	Protecting the personal information about individuals is a very important part of your work.
MS 10	In Olmstead v. L.C. , the Supreme Court held that the Americans with Disabilities Act prohibits the unjustified segregation of individuals with disabilities. It requires public programs provide community-based services to people with disabilities when appropriate, chosen by the person, and are reasonable within available resources.
MS 11	The Centers for Medicare and Medicaid Services recognize that states may have specific issues and questions about the interaction between the ADA/Olmstead and Medicaid and they have issued some guidance on the subject.

Reference Library

Resource ID	Resource
RL 1	Michael Smull describes person-centered thinking .