

## Some Questions to Guide Functional Assessments in Minnesota

DOMAIN	Status (What is – just the facts)	Function (How?)	Rehab Medical Necessity
<b>Mental Health Symptoms</b>	<ul style="list-style-type: none"> <li>• What symptoms does this person have? How do they show up in behavior?</li> <li>• How does person view/describe symptoms/behaviors?</li> <li>• Are there times when symptoms/behaviors are more or less pronounced? What is happening then?</li> </ul>	<ul style="list-style-type: none"> <li>• When &amp; where do symptoms occur?</li> <li>• How do they manage their symptoms &amp; behaviors?</li> <li>• If there are times they manage worse or better, when are those times? What do they do differently then?</li> <li>• What strengths, including natural supports, does this person use to assist in managing their symptoms?</li> <li>• Does their ability to manage their MH symptoms/behaviors impact their ability to develop tenure in community? Engage in recovery? If so, how?</li> </ul>	<ul style="list-style-type: none"> <li>• Do the symptoms/behaviors of the mental illness interfere with/impact client’s life? If so how? When?</li> </ul>
<b>MH Service Needs</b>	<ul style="list-style-type: none"> <li>• What services is this person using?</li> <li>• Are there prescribed/available services for this person that s/he is not using? What?</li> <li>• What strengths, including natural supports, do they have that could assist them in using services?</li> </ul>	<ul style="list-style-type: none"> <li>• How well is this person able to find, engage, connect, and benefit from MH services?</li> <li>• Are there times they can do this better (less well) than others? When? What do they do differently?</li> <li>• How are they able to use their strengths to assist in accessing and using services?</li> <li>• To what extent does being able to (or NOT being able to) find, engage and connect with MH services impact the person’s functioning? Their ability to maintain community tenure? To engage in recovery?</li> </ul>	<ul style="list-style-type: none"> <li>• Does their MI/SA interfere with their ability to connect with/benefit from services? If so how? When?</li> </ul>

<p>Use of Drugs/Alcohol</p>	<ul style="list-style-type: none"> <li>• Does person currently use drugs or alcohol?</li> <li>• What is the extent of this use on a daily, weekly, and monthly basis?</li> <li>• Is there a known relationship between the person's MH symptoms and issues and use of drugs and/or alcohol?</li> <li>• What strengths – including natural supports – does this person have that could be used to help with managing drug/alcohol use?</li> </ul>	<ul style="list-style-type: none"> <li>• Does use of drugs and/or alcohol interfere with this person's life? If so, how?</li> <li>• Is the person concerned about their drug and/or alcohol use? Are Family members? Friends? Others?</li> <li>• How are they able to use their strengths to assist in managing drug/alcohol use?</li> <li>• Does (and if so, how) their use of drugs and/or alcohol impact their ability to develop tenure in community? Engage in recovery?</li> </ul>	<ul style="list-style-type: none"> <li>• Does their mental illness interfere with this person's ability to manage their alcohol/drug use or non-use? If so, how? In what situations/conditions?</li> </ul>
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		<ul style="list-style-type: none"> <li>• Does the person believe that use of drug and/or alcohol make their MH symptoms easier/less easy to manage?</li> </ul>	
<p>Vocational Functioning (Consider as broader than employment: ability to engage in meaningful activity in home, family, community, regardless of pay.)</p>	<ul style="list-style-type: none"> <li>• Does this person currently engage in work as an employee or a volunteer?</li> <li>• What is that work? How long has this person been doing this? Is this period uninterrupted?</li> <li>• Does this person manage a household?</li> <li>• Does this person parent? Caretaker for a family member? Others?</li> <li>• Is the person interested in meaningful work? Do they have a particular interest or choice in the type of work?</li> <li>• What strengths – including natural supports – does this person have that could help with engaging in vocational activities?</li> </ul>	<ul style="list-style-type: none"> <li>• Describe the skill sets and/or abilities this person currently demonstrates relative to employed or volunteer work; household management; parenting; and/or other caretaking activities?</li> <li>• How well is the person able to perform these skill sets at this time?</li> <li>• What strengths – including natural supports – does this person use to help with engaging in vocational activities?</li> <li>• Does (and if so, how) their vocational functioning impact their ability to develop tenure in community? Engage in recovery?</li> </ul>	<ul style="list-style-type: none"> <li>• How do the person's MH symptoms and/or behaviors impact their demonstration or use of their skill sets/abilities?</li> <li>• Do MH symptoms interfere with and/or impact the person's ability to develop, redevelop, use and/or demonstrate skills needed to function or participate in some type of meaningful work?</li> <li>• If so, how? If so, under what conditions/situations?</li> </ul>

<p><b>Educational Functioning</b> (Consider as broader than formal education: ability to engage in learning activities, whether learning a hobby, how to take meds, or algebra.)</p>	<ul style="list-style-type: none"> <li>• Is this person currently in school or engaged in any learning environment?</li> <li>• What is that environment? How long has this person been doing this?</li> <li>• Does this person have a high school certification? Vocational certification? College degree? Is this meaningful and/or of interest to them?</li> <li>• What strengths, including natural supports, does this person have that could assist in learning situations?</li> </ul>	<ul style="list-style-type: none"> <li>• Describe how this person functions in learning situations.</li> <li>• Describe the skills sets and/or abilities this person currently demonstrates relative to school or learning or training environments.</li> <li>• Describe the skills sets and/or abilities this person has demonstrated in the past relative to school or learning or training environments.</li> <li>• Are there times when this person performs better/less well in learning environments? What is happening then? How does their performance change?</li> <li>• How are they able to use their strengths in learning environments?</li> <li>• Does (and if so, how) their functioning in learning situations impact their ability to develop tenure in community? Engage in recovery?</li> </ul>	<ul style="list-style-type: none"> <li>• Does mental illness interfere with their functioning in learning environments? If so, how? Under what conditions? How do the person's MH symptoms and/or behaviors impact their ability to participate in school or learning or training environments?</li> <li>• How do the person's MH symptoms and/or behaviors impact person's motivation to use skills and abilities?</li> <li>• How do the person's MH symptoms and/or behaviors impact their ability to rebuild, enhance and/or maintain school related skills?</li> </ul>
<p><b>Social Functioning</b> (includes leisure time)</p>	<ul style="list-style-type: none"> <li>• What types of social activities is the person currently engaged in?</li> <li>• How does the person spend their time? What do they do during periods of leisure time?</li> </ul>	<ul style="list-style-type: none"> <li>• Describe how the person functions in social and leisure situations. Small settings? Larger gatherings? Structure and unstructured activities?</li> <li>• Describe how the person functions with</li> </ul>	<ul style="list-style-type: none"> <li>• Do the MH symptoms and/or behaviors impact the person's ability to engage socially and participate in leisure activities? If so to what extent? When? How often?</li> </ul>

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	<ul style="list-style-type: none"> <li>• What is the person's current interest in social situations?</li> <li>• How comfortable does the person describe themselves as being in social settings?</li> <li>• Does the person have a social network outside of family and helping professionals? How large or small is their social network? Is the person content with the size of their social network?</li> <li>• What strengths, including natural supports, does this person have that could be used to assist in social functioning?</li> </ul>	<ul style="list-style-type: none"> <li>known individuals. Unknown but familiar individuals. Strangers?</li> <li>• Does this any of this change depending on setting, individuals participating or types of activity? What and when causes differences?</li> <li>• How are they able to use their strengths to assist their social functioning?</li> <li>• Does (and if so how) their social functioning impact their ability to develop tenure in community? Engage in recovery?</li> </ul>	

<p><b>Interpersonal Functioning</b></p>	<ul style="list-style-type: none"> <li>Does this person interact with others (family, friends, neighbors, helpers, community members)? If so, who, when, where?</li> <li>What interpersonal connections/relationships does this person define as important? How does the person define their family? Their friends?</li> <li>Does person communicate now? How?</li> <li>What types of activities is the person currently engaged in with family members? Friends? Others?</li> <li>Are family members engaged in person's life? MH services?</li> <li>Are family members knowledgeable about person's needs? Desires? MH health symptoms?</li> <li>What is person's desire to engage family member participation in their lives? What aspects?</li> <li>What strengths, including natural supports, does this person have to help with interpersonal functioning?</li> </ul>	<ul style="list-style-type: none"> <li>How does the person currently interact with family members? How often? Under what circumstances?</li> <li>, etc.)</li> <li>How does the person spend their time with family members? Friends? Others?</li> <li>How well does person communicate with family, friends, service system, community?</li> <li>Are there times person relates better or less well? If so, when and how does that change their communication/relating?</li> <li>How does person function interpersonally in a variety of situations? (family, friends, neighbors, helpers,</li> <li>How are they able to use their strengths to assist in interpersonal functioning?</li> <li>Does (and if so how) their interpersonal functioning impact their ability to develop tenure in community? Engage in recovery?</li> </ul>	<ul style="list-style-type: none"> <li>Do the MH symptoms and/or behaviors impact the person's ability to engage and participate with family members/friends/service system, community/others? If so how and to what extent? When? How often?</li> <li>Does this impact the person's ability to meet desired levels of family/friends/community engagement and participation?</li> </ul>
<p><b>Self Care &amp; Independent Living Skills</b></p>	<ul style="list-style-type: none"> <li>Describe the skills and/or abilities this person currently demonstrates relative to self care. and Independent living. Consider the person's current             <ul style="list-style-type: none"> <li>activities of daily living.                 <ul style="list-style-type: none"> <li>Daily self care? Wash hands and</li> </ul> </li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>For every question to the left, how WELL does the person do these things? Are there times the person is better/less able to demonstrate skills?</li> <li>Does person desire change in self care or independent living skills/situation?</li> </ul>	<ul style="list-style-type: none"> <li>Do the MH symptoms and/or behaviors impact the person's ability for self care? To develop and maintain independent living? If so, how? To what extent? When? How often?</li> </ul>

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	<ul style="list-style-type: none"> <li>○ face? Brush teeth?</li> <li>○ As needed self care such as: Bathe? Wash hair? Change clothes? Wash clothes?</li> <li>○ Caring for own space and physical environment? Cleaning? Preparing or purchasing meals? Washing dishes? Taking out trash?</li> <li>○ Maintenance of personal and housing appearance within community norms appropriate to their living environment and resources?</li> <li>○ Maintenance of sufficient resources (housing, clothes, money, food, etc.) to meet basic needs and according to personal desires?</li> <li>• What strengths, including natural supports, does this person have that can be used to assist in self care and independent living?</li> </ul>	<ul style="list-style-type: none"> <li>• How does the person use their strengths to assist with self care and independent living skills?</li> <li>• Do (and if so how) their self care and independent living status/functioning impact their ability to develop tenure in community? Engage in recovery?</li> </ul>	
<p>Medical Health</p>	<ul style="list-style-type: none"> <li>• What is the person's current physical health status?</li> <li>• Describe the person's current physical health - briefly addressing all significant health/physical Diagnoses outlined within the DA.</li> <li>• What physical health needs (i.e. testing blood sugar, avoid high fat foods, exercising, etc.) does the person have to maintain or improve their current health status?</li> <li>• To what extent will doing those things impact person's physical functioning?</li> <li>• What are medical health resources available to person?</li> <li>• What strengths, including natural supports, does this person have that could assist in this domain?</li> <li>• Does person desire change in physical health status? If so, what?</li> </ul>	<ul style="list-style-type: none"> <li>• How well is the person able to find, engage, connect, and benefit from medical health care services?</li> <li>• When are the times the person can do this the best? The least well?</li> <li>• Describe the skills and/or abilities this person currently demonstrates relative to meeting physical health needs.</li> <li>• Describe how their medical health impacts person's ability to physically function on a daily basis.</li> <li>• How does person use strengths to support their physical health and medical healthcare?</li> <li>• Does their medical health interfere with their community tenure (and if so how) ? Their ability to participate in their own recovery?</li> </ul>	<ul style="list-style-type: none"> <li>• Do the MH symptoms and/or behaviors impact the person's ability to manage their physical health care needs? If so, describe how.</li> </ul>
<p>Dental Health</p>	<ul style="list-style-type: none"> <li>• Does this person have a regular dentist? When was the last time they saw a dentist?</li> <li>• Describe any significant dental health</li> </ul>	<ul style="list-style-type: none"> <li>• How is person able to perform necessary dental health skills/behaviors (i.e. brushing, flossing, fillings, extractions, new dentures, etc.) to maintain or</li> </ul>	<ul style="list-style-type: none"> <li>• Is the person's ability to find, engage, connect, and benefit from dental health care services impacted by their MH symptoms? If so, how?</li> </ul>

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	<ul style="list-style-type: none"> <li>• issues/needs.</li> <li>• Describe any of the person’s current dental health needs.</li> <li>• To what extent will doing those things impact person’s physical functioning?</li> <li>• What are dental health resources available to person?</li> <li>• What strengths, including natural supports, does this person have that could assist with their dental health?</li> </ul>	<ul style="list-style-type: none"> <li>• improve their current dental health status?</li> <li>• If it does, describe how their dental health impacts person’s ability to physically function on a daily basis.</li> <li>• How well is the person able to find, engage, connect, and benefit from dental health care services?</li> <li>• How does person use their strengths to support their dental health?</li> <li>• Does the person’s dental health functioning interfere with their ability to maintain their community tenure?</li> <li>• Achieve recovery?</li> </ul>	<ul style="list-style-type: none"> <li>• Do the person’s MH symptoms and/or behaviors impact their ability to rebuild, enhance and/or maintain dental health? If so, how?</li> <li>• Do the person’s MH symptoms and/or behaviors impact their demonstration or use of their skills and abilities to care for their oral care needs? If so, how?</li> <li>• Do the person’s MH symptoms and/or behaviors impact person’s motivation to use skills and abilities? If so, how?</li> </ul>
<p>Obtaining and maintaining financial assistance</p>	<ul style="list-style-type: none"> <li>• Is the person satisfied with their financial status?</li> <li>• Describe the person’s current financial status and needs.</li> <li>• What financial supports does the person have in place? Does the person have rep payee? Guardian? Family member?</li> <li>• Does the person have a regular income? Source? Amount?</li> <li>• Does the person have a banking account? Savings account?</li> <li>• Does the person have daily, weekly, monthly bills for which they are responsible? For which another takes responsibility?</li> <li>• Does the person maintain sufficient financial resources to meet basic needs according to personal desires?</li> <li>• What strengths, including natural supports, does this person have that could assist in this domain?</li> </ul>	<ul style="list-style-type: none"> <li>• Describe the skills and/or abilities this person currently demonstrates relative to financial management and budgeting.</li> <li>• Are there times the person is better/less able to demonstrate financial management and budgeting skills? When? What is different about their abilities during these times?</li> <li>• How is the person functioning relative to any financial supports and assistance that they have in place?</li> <li>• What strengths, including natural supports, does this person use to assist in this domain?</li> <li>• Does the person’s functioning relative to finances interfere with their community tenure? Their ability to participate in recovery?</li> </ul>	<ul style="list-style-type: none"> <li>• How do the person’s MH symptoms and/or behaviors impact their demonstration or use of their skills and abilities?</li> <li>• How do the person’s MH symptoms and/or behaviors impact person’s motivation to use skills and abilities?</li> <li>• How do the person’s MH symptoms and/or behaviors impact their ability to rebuild, enhance and/or maintain financial management and budgeting skills?</li> </ul>

<p>Obtaining and maintaining housing</p>	<ul style="list-style-type: none"> <li>• Where is the person currently living? What location? With whom?</li> <li>• How temporary or permanent is the current living situation?</li> <li>• What is the living situation dependent on?</li> <li>• Is the person dependent on others to obtain and maintain housing?</li> <li>• What strengths, including natural</li> </ul>	<ul style="list-style-type: none"> <li>• Describe the skills and/or abilities this person currently demonstrates relative to obtaining and maintaining current and future housing.</li> <li>• Are there times the person is better/less able to demonstrate obtaining and maintaining housing? What are they and how does their functioning change in those situations?</li> </ul>	<ul style="list-style-type: none"> <li>• Do the person's MH symptoms and/or behaviors impact their demonstration or use of their skills and abilities to obtain and maintain housing? If so, how?</li> <li>• Do the person's MH symptoms and/or behaviors impact their motivation to use skills and abilities to obtain and maintain housing? If so, how?</li> </ul>
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	<p>supports, does this person have that could assist in this domain?</p> <ul style="list-style-type: none"> <li>• Is the person satisfied with their current housing status?</li> </ul>	<ul style="list-style-type: none"> <li>• How is the person able to use any supports and assistance that they have in place to obtain and maintain housing? How are they able to use their strengths?</li> <li>• Does the person's functioning relative to obtaining and/or maintaining housing impact their community tenure? How? Their ability to participate in recovery?</li> </ul>	
<p>Using Transportation</p>	<ul style="list-style-type: none"> <li>• Describe the person's current use of transportation and their transportation needs.</li> <li>• What skills/experience in using transportation does the person have that s/he may not be currently using?</li> <li>• What transportation supports does the person have in place?</li> <li>• What transportation resources are available to the person? For example: Does the person live near public transport? Have community resources, neighbors, friends, or family members who are or may be available to provide transportation?</li> <li>• Does the person have access to income/resources to use transportation?</li> <li>• What strengths, including natural supports, does this person have that could assist in this domain?</li> <li>• Is the person satisfied with how they meet their current transportation needs?</li> </ul>	<ul style="list-style-type: none"> <li>• How well is the person able to use current transportation resources? Describe the skills and/or abilities this person currently demonstrates relative to using the variety of transportation modes available- including accessing support from community, social and familial resources.</li> <li>• Are there times the person is better/less able to demonstrate identifying, accessing and using transportation resources? When? How does their functioning change?</li> <li>• How is the person able to use any supports and assistance that they have in place to provide transportation? How do they use their strengths?</li> <li>• Does the person's functioning relative to transportation jeopardize their community tenure? Their ability to participate in recovery activities?</li> </ul>	<ul style="list-style-type: none"> <li>• Do the MH symptoms and/or behaviors impact the person's ability to identify access and use transportation needed in daily living? If so, to what extent? When? How often?</li> <li>• Do the person's MH symptoms and/or behaviors impact person's motivation to use skills and abilities to identify access and use transportation resources? If so, how?</li> </ul>